

A 2017 survey of Honiara City Market (HCM) studied produce and sources of supply in detail. The survey reported that 'produce at HCM includes categories that represent the main groups of dietary diversity: Beans/Legumes, Fruits, Gourds, Leafy Greens, Nuts, Root Vegetables, Poultry and Seafood. The quantities, freshness and diversity of available produce at HCM suggest that a nutritionally diverse diet is available to Honiara residents'. Figure above shows the categories of produce at the Market and their source by province.

It indicates some variation in origin across produce categories and in weight. Most Fruits are sourced from East and West Guadalcanal, followed by Savo Island, however Fruit from Nggela is heavier. Seafood is mostly coming from 'Other' places, including Western Province. The total weight by vendor stay (i.e. for all vendors surveyed) of around 10,000 kg. Given Seafood vendors usually stay for 2-3 days at HCM, we estimate the weekly weight of fish brought to HCM for sale to be at least double this, so possibly between 20,000 and 25,000 kg.

Source: N. Georgeou, C. Hawksley, J. Monks, A Ride, M. Ki'i, L. Barratt. 2018. Food Security in Solomon Islands: A Survey of Honiara Central Market, HADRI/Western Sydney University. - Preliminary Report APRIL 2018